

# Guiding photographic Creatives to unlock their unlimited potential!

Walkley award Winning Photographer, Fujifilm X-series Ambassador, Author of 'Conversations with the Mob' & Internationally respected Private Subconsciousmind Healing & Energy Healing Therapist **Megan Lewis presents...** 

# Be A Creative with a Difference!

An intimate Two Day Introductory Therapeutic & Mindful Photo Workshop Saturday 17th & Sunday 18th June 2023.

Learn subconscious techniques to access more of those abilities you already have. Create Fine Art Botanical Images and take your photography to the next level with nature as your canvas.

Location: On the beautiful NSW South Coast where you can breathe in the ocean and the trees. In a caring and supportive environment!

Joining Megan to give you that extra photographic support and wisdom will be Special Guest Co Host, Photographer

#### **Scott Gilbank**

An award winning specialist photographer in Fine Art Botanical Images.

# Utilising your own inner resources to produce Your Best photographs!

- If you are lacking confidence in your ability or you have been struggling alone and feeling stuck.
- if you feel you have much more ability but feel blocked and just don't know how to move forward...

Or maybe you just would like to some group support then...

# Understanding the Process:

### The Therapeutic Guided sessions:

When we say different, you will get an opportunity to utilise your own inner wisdom to access your creative resources during group guided sessions.

The focus will be on helping you unlock those special abilities you may or may not have realised that you have.

Megan assists you to do this with a guided awareness practice.

Developing a mindful practice or if you already practice then strengthening it.

It's about helping you to connect to yourself, your subjects and surroundings in a more enriching way.

# The Photography:

Slowing down and being in Nature is therapeutic, most of us know that, but when we do it consciously and with a photographic eye, we pay more attention to how the light filters through the leaves or how the colour and textures play with each other in their natural environment. We see things and details in a very different way and in ways that others may miss.

Without realising it we slow down and become immersed.

Nature needs us and we need nature and when you create those images that you feel really connected to — then others will have the opportunity to experience your vision.

And the bush, ocean and lakes on the south coast are exceptional spots to do this.

The real highlight will be in creating your own still life masterpiece in a studio setting under the guidance of Scott and Megan. We will show you, that you don't need a fancy studio to create Masterpieces!



Image Scott Gilbank

(While we are out and about walking, you will have the opportunity to collect natural things like leaves and washed up things on the beach to use in your still life portrait).

We will also view and discuss other photographers' work and discuss the art of telling stories with pictures.

Once you have created images over the weekend you will have a chance to share your achievements with the group and get some helpful feedback.

With a unique combination of skills and experience, Megan and Scott are uniquely qualified to help you.

The Workshop is suitable for those just at the very Beginning or for individuals who are more advanced but would like some group support.

Limited Spaces available.

Please note the day schedule will be a guide only as we may adjust timing and change the day schedule around in order to meet the weather, individuals and the groups needs — sometimes the group will want to do more internal work and sometimes more photographic.

## Location: Ulladulla, NSW South Coast.

Dates Saturday 17th & Sunday 18th June 2023

For Prices & Details please see below or contact Megan

#### What you will need:

- Camera (this is a creative workshop so can use an iPhone or iPad)
- Laptop (photoshop) to upload and edit your images. If you don't have a laptop then we can upload images for you.
- Average walking fitness
- Sense of humour
- Open mind, flexibility and a Willingness to do things differently.

#### Transport:

You will need your own transport to get to the south coast and around to the various locations — they will be short distances.

Accommodation:

Accommodation is not included in the workshop but we will be more than happy to recommend places for you to stay if you are not from the area.

For more information or to discuss your needs and if this workshop is suitable for you please contact Megan via email or FB messenger or phone:

W: meganlewis.com.au

E: megansolewis@gmail.com

M: +61 (0)438772264

#### Please Note:

For individuals who would like to extend their stay and book 1:1 Therapy sessions with Megan please contact her to discuss your options for a Private Subconscious-mind Healing or Energy Healing package.

(1:1 sessions are for individuals who want to address deeper emotional issues that may be holding them back)

Please see the Film, Emotional Healing on homepage for more information.

www.psh.org.au (best to watch uninterrupted)



# Co Host Scott Gilbank:

Photographer Scotty Gilbank who has over 30 years experience as a professional photographer, nationally and internationally.

Scott specialises in Fine Art Botanical Images with a special talent for bringing life back into dormancy....he will create an image, demonstrating his technical and lighting sequences so that you can then create your own work of art over the weekend.

We can't always help what happens in this life but we do have the power to change how we feel about it! And we have the ability to Create good stuff!

# There are limited spots at this price.

# So grab yours now because it will sell out.

# What you get:

Therapeutic group guided sessions to help fast track access your creative process - Mindful/Presence practical skills to take home to work with. **Value \$1250** 

An introductory Still life, nature landscape /portraiture and photographic story telling — composition —still-life lighting skills. **Value \$1000** 

A chance to play with some of Megan's Fujifilm Cameras! - Priceless

Most important Time in Nature to guieten the mind and breathe. — **Priceless** 

Healthy **Breakfast & lunch** /Coffee, Turmeric Lattes & Chai Teas & healthy snacks provided.

Value, \$250

Your Dinner & Accommodation is not included but we are more than happy to make recommendations to suit your budget:

#### **TOTAL VALUE \$2500**

#### **Bonuses**

#### **Bonus 1# Your Photographic Print on Fine Art Paper**

Select one of your favourite images from the weekend and we will get it printed on photographic Archival art paper and have it sent to you so that you have a reminder of your talent. A3 size.

Valued at \$300

#### Bonus 2# Mini Healing

A mini healing in a group setting valued at \$300

**TOTAL BONUSES VALUE: \$600** 

#### **TOTAL PROGRAM VALUE \$3100**

**Investment: \$1480** 

Claim your \$1000 Partial scholarship offer, AVAILABLE FOR 24 HOURS.

**PAY IN FULL: \$1380** 

(SAVE \$276) Plus receive the pay in full bonus: A 1:1 mentoring session in person or over zoom. Value: \$1000

#### **PAYMENT PLAN:**

\$828 up front + 1 x further monthly payment of \$828 (total: \$1656)

Let's do this

**Love Megan** 

# Why work with me?



Megan Lewis
Megan Lewis Xpro3
https://youtu.be/P7y6CupWrls

- An internationally respected Energy Healing Therapist and P.S.H Therapist (Private Subconscious-Mind Healing).
- Equally she is also a Walkley Award winning Documentary Photographer, Author,
   Fujifilm Ambassador, Director & Producer.

For over 30-years Megan has worked independently as a P.S.H therapist and healer — and as a documentary photographer/filmmaker (sometimes in life threatening situations). It may appear an unlikely match but these disciplines are part of the whole for Megan including her years of Ch'an (zen) mediation practice. They have always run parallel in her life. She has worked separately in both fields and also combined her talents; none more evident than in her book 'Conversations with the Mob'.

'Megan Lewis's recent Conversations with the Mob featuring the Martu people of the Great Sandy Desert is simultaneously empathetic, beautiful and heartbreaking.' Tim Winton (2009, p. 11)

Winton T & Mischkulnig M 2009 Smalltown Penguin, Hamish Hamilton, Victoria, Australia

We never know when life is going to hit us with the worst but we don't have to collapse into it. When we know how to access our inner dimensions of our Being we can go beyond it and stay present.

Megan has had many opportunities to bring this into practice in her own life – more recently with a life threatening medical condition and the death of her father.

Megan has quietly helped many people along the way, from celebrities and to those in dire life situations realise they can transform their lives.

And now, she is focusing on helping so many more individuals!



So are you ready and willing to be different and Create!?

# Why Work with me?



Scott Gilbank www.scottgilbank.com

As a keen gardener around the family farm Scott took time to explore the detail in many botanical subjects.

So many small objects that we all walk past or over on a daily basis were now collected and placed onto a simple table top display.

Just like any photograph, it is the light that brings out the shape, texture, patterns and detail.

Using a small setup with either one or two lights and a textured piece of canvas or board as a backdrop, the objects come to life.

In simple terms "Have a plain or dormant object and bring beauty and life into it".



# **Megan Lewis**

## **Photographic BIO:**

Award-winning photographer Megan Lewis was born and raised in rural New Zealand. After commencing her career with provincial newspapers she moved to Sydney in 1993, at the age of 21. Within a week of arriving there she was employed as a junior staff photographer for Reuters International news agency.

During her time with Reuters, Megan's work regularly appeared in international publications, including the Washington Post, International Herald Tribune and as a front cover for Time Magazine. She also wrote feature articles to accompany her photo essays on a Zimbabwe wildlife conservancy and Sydney's real-life 'water rats', the Water Police.

In early 1998 Megan was lured by The Australian, News Ltd's national daily newspaper, to their Perth bureau. She covered national and international stories, including the international headline story of MV Tampa, the Norwegian freighter that rescued drowning refugees near Christmas Island. She covered events as diverse as the riots in Indonesia, the first tremors of East Timor's bid for independence and represented the Australian media travelling with the UK media during the Queen Elizabeth's 2000 tour of Australia.

In July 2002, Megan left The Australian newspaper to live full-time with the Martu people, one of the last indigenous groups in Australia's Great Sandy Desert to come into contact with Europeans. Her book Conversations with the Mob (UWA Publishing) was the product of eight years continuous involvement with the Martu, including several years living with them.

Her intimate photographic portrayal of the Martu people won her a 2005 Walkley Award, the most prestigious award in Australian journalism. Megan was also voted by her peers as winner of the Australian Nikon Photographers Choice Awards in 2006.

Her work has been exhibited in Australia and internationally. And after being invited to speak at the 2008 Sydney Writers Festival, Megan has continued to be in demand for public speaking roles.

She was been widely interviewed on TV and radio; her book has been enthusiastically reviewed in several national and international publications, and in academic circles.

'Megan Lewis's recent *Conversations with the Mob* featuring the Martu people of the Great Sandy Desert is simultaneously empathetic, beautiful and heartbreaking.' Tim Winton (2009, p. 11)

Winton T & Mischkulnig M 2009 Smalltown Penguin, Hamish Hamilton, Victoria, Australia

Pick of the Week – The result is a tour de force of fine, spontaneous photography combined with remarkable first-person narratives from a wide variety of Martu people – The Sydney Morning Herald (2008)

"I believe that your book ...offers a great potential and insights crucial to the discipline of anthropology (and) visual media anthropology." Dr. Martha Blassnigg, Senior Teaching Fellow, International Graduate Centre for the Study of Culture, Justus-Liebig-University

Megan works as a Therapist, Photographer/ Stills Photographer on feature films and TV series — and is a Fujifilm X-Series Ambassador.

She created the style of Fujifilm Advertorial films that were one of the highest ranked on google and were replicated by Fujifilm Global.

#### Fujifilm's Created by Megan Lewis

Ray Martin GFX <a href="https://youtu.be/10gjJj5AbAw">https://youtu.be/10gjJj5AbAw</a>

https://youtu.be/8DMDL3oQ8Yc

Megan Lewis XT5 https://youtu.be/dBh0jCJJCDs

Megan Lewis xpro3 https://youtu.be/P7y6CupWrls

Megan Lewis 23mm lens Mogo Zoo https://youtu.be/7WyO9Al7yYc

Russell Ord GFX <a href="https://youtu.be/5gp2PYPEeVc">https://youtu.be/5gp2PYPEeVc</a>

jack picone xt4 https://youtu.be/MqktnKIUM9o

Andrew Hall <a href="https://youtu.be/AdIL4bRVh8o">https://youtu.be/AdIL4bRVh8o</a>

https://youtu.be/tchc-nHwilc

Glenn McKimmin gfx <a href="https://youtu.be/LIRE-P7RhfY">https://youtu.be/LIRE-P7RhfY</a>

Nicole Emanuel
TX3
https://youtu.be/Z\_afze65jxo

#### Scott Gilbank

### Photographic Bio

Scott Gilbank was given his first camera (Kodak 56 X) for his 10th Birthday by his parents. A self taught photographer with an insatiable appetite for adventure and perfection.

He started off his career taking photographs of friends' 21st's, weddings and then moving on to model agencies doing portfolio work. Later he fine tuned his eye into landscape photography which led to contributing to Photo Libraries in South East Asia.

Scott was a member of the Australian Institute of Professional Photographers (AIPP) 1991 - 2001 and was one of the youngest photographers to achieve his Master Photographer

level in 2000, thanks to a high number of Silver and Gold Awards.

Scott was invited by an agency in Singapore to consider being based in the region. He moved to Singapore in 1994 where his mainstream work was fashion and advertising. He held an Australian Landscape Exhibition in the Prestigious Takashimaya Gallery and sold his work to private collectors and one piece was purchased by the Allan Arthur Robinson Group for their collection. As a result of his exhibition a door opened to move into Indonesia in 1995. Scott remained based in Jakarta up until 2006.

His landscape work attracted much attention from Blue Chip Companies and as a result Scott was privileged to shoot and travel all over South East Asia and a further 50 countries and over 400 cities beyond.

His work mainly has been commissioned by Ad Agencies and Direct clients.

He held a further 5 Exhibitions in partnership with the Australian Embassy in Jakarta during his posting and a further solo exhibition showcasing his travel work at Orange Regional Gallery in 2009 and later his Botanical Exhibition at the Peisley Street Gallery Orange.

Today, Scott is based in Orange NSW., he has adapted his keen eye for detail now into fine art photography using unlimited supply of botanical species as his subject matter.

#### Find Scott at:

www.scottgilbank.com

https://www.saatchiart.com/account/artworks/1163483

Instagram: scottgilbank